



Wrekinsport CC present their round of the Shropshire Championship Open 10 Mile Time Trial Course D10/23

Friction and Hydraulic Services Shropshire Championship Points
Series – Round 14 of 19

Promoted for and on behalf of Cycling Time Trials under its rules & regulations

Saturday 14th August, 2020 – 3pm

Officials:-

Timekeeper: Dave Goring, Wrekinsport CC
Asst Timekeeper: Dave Fletcher, Wrekinsport CC
Recorder: Alan Jennings, Wrekinsport CC
Event Secretary: Mark Callaghan, 14 Roberts Drive, Telford, TF4 2GB

Headquarters: Wollerton Bowls and Social Club car park, Shropshire, TF9 3NE.

HQ will be outdoors this year due to Covid restrictions. Access to toilets will be 'one in, one out'. There will be no refreshments and riders should arrive dressed ready to race. No results will be given at the finish but will be posted on the club's website and social media post-event. Please leave the event as soon as you are packed away. Please do not park near the start, allow 20 minutes to ride to the start along the A53 towards Shawbury. No reserves have been agreed for this event. Please read the ENTIRE start sheet due to additional Covid restrictions.

Course Description:

| | |
|----------------------|---|
| Course: | Hopton Chapel - Espley - Ternhill A53 |
| Course Ref: | D10/23 |
| Distance: | 10 miles |
| OS map: | Landranger 127 |
| Normal HQ: | Woolleton Social Club |
| Int. Distance | Description |
| 0 | Start on A53 at field pull-in 100 yards west of Lodge Bank and 150 yards west of Hopton Chapel which is opposite unclassified road signposted "High Hatton 1¼" Proceed east along A53 to Espley roundabout with A442 Take 2nd exit, continuing along A53 Hodnet by-pass north east At Tern Hill encircle, taking 4th exit to return south west along A53 Hodnet by-pass At Espley roundabout with A442 take 2nd exit to continue west along A53 towards Shawbury |
| 10 | Finish level with beginning of field gate as curb drops at end of paddock attached to final sandstone cottage on left before 250 yards before the turning to High Hatton |

At the Finish:-

The Timekeeper has requested that you please shout out your race number as you pass the finish line at the end of your race. Also any rider making their way to the start through the finish line that is not racing, please indicate as you cross the line with a 'side to side' wave of your hand.

CTT Rules update reminder:-

local regulations approved by National in early 2021 (must be stated) -

Prohibition of U Turns near Start and Finish

"Riders must not make 'U' turns (within sight of start and finish or between points specified by the event organiser). Any rider observed making a 'U' turn in contravention of this regulation could be disqualified from the event. Any rider who makes repeated 'U' turns may be subject to disciplinary action".

Use of Tri-Bars / Extensions

"Riders must negotiate Tern Hill Roundabout (RAB) in a safe and sensible manner in accordance with CTT Reg. 20 and the rules of the road. Riders must be able to brake and stop at the island if traffic conditions require this. Riders MUST NOT USE their tri-bars / extensions from a point 25 metres before entering the RAB and for 10 metres after leaving it. Appropriate signage or markers will identify the commencement and termination points of the sections covered by this prohibition. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action."

Covid Safety:-

During a committee meeting this year the Liverpool CTT district has agreed to continue with guidelines published in 2020 for the 2021 season. Therefore the following safety rules remain.

- Please ensure you adhere to the latest Government guidelines including the latest social distancing requirements at all times.
- When parking, please leave at least a 2 metre gap between cars, preferably 'top & tailed' parking and keep windows closed whilst parked and getting ready
- Competitors should not attend if they feel ill in ANY WAY or if family members have any symptoms.
- An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the event organiser of your intention not to start as a result of an adverse warm up.
- No changing facilities will be available so please arrive 'race ready'
- Preferably all warm-ups should be done on the road. Turbo trainers are specifically prohibited at this event under CTT Risk Assessment.
- Riders MUST NOT gather in any way regardless of current guidelines in the car park, HQ area or elsewhere.
- Competitors on finishing MUST NOT stop at the finish and MUST NOT loiter at the HQ / car park but MUST pack away and leave immediately upon completion of the race.
- No support can be provided if a competitor suffers mechanical difficulties. It is strongly advised that all competitors carry with them a spare inner tube / tubular, pump and tyre levers if required

- It is also strongly advised that all competitors carry a mobile phone and take with them the telephone number of the event organiser, shown on the CTT website. Please telephone the organiser if you have failed to finish the event.
- **Sign On / Sign Off:-** Will be outside in the car parking field with sign on / off sheets taped to a table. Please **BRING YOUR OWN PEN** to sign on / off and sanitize your hands before sign on/off & number collection.
- **Race Numbers:-** Post race please place your race number into the specified box adjacent to the signing on table. Do not hand it to an official.
- **Toilet Facilities:-** The toilet facilities in the social club will be restricted to a 'one in / one out' basis so if alternative arrangements can be made, this would be recommended to avoid queuing where possible.
- **Waiting at the Start:-** To avoid queuing at the start, please only arrive at the start 3 minutes before your start time. There should be no more than 3 riders queuing at the start at any one time and always at least a bike length apart. If riders arrive early and these conditions cannot be met, they should continue warming up until closer to the start time.
- **No Push Off at the start:-** There will not be a 'pusher offer' at the start so all competitors must start with one foot on the ground (no track stand starts)
- **CTT Regulation 17d - Signing Off:-** Competitors **MUST** return to the event HQ either during the event or within a reasonable time after the last rider has finished and sign the official signing out sheet. Please ensure you sign off with your own pen and after you have sanitised your hands.

General Riding Safety:-

Please ride with your head up at all times and respect the rules of the road as laid down in the Highway Code. It is a Liverpool DC Local Regulation that U-turns are not performed within sight of the start and finish points (**Failure to comply will lead to disqualification**)

IN THE INTERESTS OF YOUR OWN SAFETY Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard. In accordance with Regulation 15 **ALL JUNIOR** competitors **MUST** wear protective hard shell helmets.

A **WORKING REAR LIGHT**, either flashing or constant, must be fitted to your machine in a position visible to following road users and be active whilst the machine is in use. No working rear light will result in a DNS.

Results:-

Full results will be posted on the Wrekinsport club website 'News' section <https://wrekinsport.org.uk/Latest-News> the CTT website <https://cyclingtimetrials.org.uk/find-results> and on the SCCA website <https://shropshirecca.uk/>

Any complaints or result queries should be made to the Event Secretary within 48 hours of the race finishing.

Open Prizes:-

There will be no prize pot this year all, instead proceeds will be donated to the West Midlands Air Ambulance service. A charity regularly supported by the club.

Thanks:-

We would like to thank all the marshals, helpers and officials who have made this event possible. We hope all riders have an enjoyable morning and have good, safe and fast rides.

Additional Race Items Checklist for 2021:-

- Sign on pen,
- Hand sanitiser
- Rear light
- Personal refreshments

| No | Firstname | Lastname | club | Sex | Cat | Start Time |
|----|-------------|---------------|-------------------------------------|--------|----------|------------|
| 1 | Dave | Moore | Wrekinsport CC | Male | Veteran | 15:01:00 |
| 2 | James | Neale | Team Bottrill | Male | Veteran | 15:02:00 |
| 3 | Geoff | Edgerton | North Shropshire Wheelers | Male | Veteran | 15:03:00 |
| 4 | Jenny | Newton | Nova Raiders CC | Female | Veteran | 15:04:00 |
| 5 | Steve | Aston | Fibrax Wrexham RC | Male | Veteran | 15:05:00 |
| 6 | Dave | Isherwood | Bury Clarion CC | Male | Veteran | 15:06:00 |
| 7 | Deb | Hutson-Lumb | Nova Raiders CC | Female | Veteran | 15:07:00 |
| 8 | Stephen | Glenwright | VTTA (Merseyside) | Male | Veteran | 15:08:00 |
| 9 | Simon | Davis | VTTA (Midlands) | Male | Veteran | 15:09:00 |
| 10 | David | Griffiths | Oswestry Paragon CC | Male | Senior | 15:10:00 |
| 11 | James | Brayford | Lyme Racing Club | Male | Senior | 15:11:00 |
| 12 | Rich | Smith | Wrekinsport CC | Male | Veteran | 15:12:00 |
| 13 | Emma | Serjeant | Hafren CC | Female | Veteran | 15:13:00 |
| 14 | Daniel | Ramsbottom | Royal Air Force Cycling Association | Male | Espoir | 15:14:00 |
| 15 | Jonathan | Mills-Keeling | Bridgnorth Cycling Club | Male | Veteran | 15:15:00 |
| 16 | John | Bunting | Bury Clarion CC | Male | Veteran | 15:16:00 |
| 17 | Phil | Guy | North Shropshire Wheelers | Male | Veteran | 15:17:00 |
| 18 | Tomos | Hales | Wrekinsport CC | Male | Senior | 15:18:00 |
| 19 | Ronald | Clews | Stourbridge Velo | Male | Veteran | 15:19:00 |
| 20 | Dean | Callister | Nova Raiders CC | Male | Senior | 15:20:00 |
| 21 | Brett | Lowndes | Pro Vision RC | Male | Veteran | 15:21:00 |
| 22 | Philip | Roberts | Wrekinsport CC | Male | Senior | 15:22:00 |
| 23 | Stuart | Laurie | Fibrax Wrexham RC | Male | Veteran | 15:23:00 |
| 24 | Robin | Shedden | Wrekinsport CC | Male | Veteran | 15:24:00 |
| 25 | Andrew | Rose | Nova Raiders CC | Male | Veteran | 15:25:00 |
| 26 | Neil | Buckley | Port Sunlight Wheelers | Male | Veteran | 15:26:00 |
| 27 | Reuben | Corlett | Birkenhead North End CC | Male | Juvenile | 15:27:00 |
| 28 | Les | Bouhey | North Shropshire Wheelers | Male | Veteran | 15:28:00 |
| 29 | Wayne | Baker | Team Echelon | Male | Veteran | 15:29:00 |
| 30 | Kirk | Vickers | Holohan Coaching Race Team | Male | Senior | 15:30:00 |
| 31 | Christopher | Halford | Wrekinsport CC | Male | Veteran | 15:31:00 |
| 32 | Ian | Connolly | Ludlow CC | Male | Veteran | 15:32:00 |
| 33 | George | Aldridge | Birkenhead North End CC | Male | Veteran | 15:33:00 |
| 34 | Simon | Jones | Hafren CC | Male | Veteran | 15:34:00 |
| 35 | Tim | Beardmore | Bridgnorth Cycling Club | Male | Veteran | 15:35:00 |
| 36 | Rob | Jackson | Wrekinsport CC | Male | Veteran | 15:36:00 |

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| 37 | Richard | Goddard | Newport (Shropshire) CC | Male | Veteran | 15:37:00 |
| 38 | David | Wilson | North Shropshire Wheelers | Male | Veteran | 15:38:00 |
| 39 | Alison | Salthouse | Born to Bike - Bridgtown Cycles | Female | Veteran | 15:39:00 |
| 40 | Henri | Bedford | Revolutions Racing | Male | Junior | 15:40:00 |
| 41 | Luke | Vallance | Fibrax Wrexham RC | Male | Veteran | 15:41:00 |
| 42 | Allan | Henderson | Wrekingsport CC | Male | Senior | 15:42:00 |
| 43 | Tony | Perrin | Stone Wheelers CC | Male | Veteran | 15:43:00 |
| 44 | Mark | Stocks | Newport (Shropshire) CC | Male | Veteran | 15:44:00 |
| 45 | Andrew | Lacon | Nova Raiders CC | Male | Senior | 15:45:00 |
| 46 | Mason | Durant | Paramount CRT | Male | Senior | 15:46:00 |
| 47 | Alison | Dockney | Market Drayton Cycling Club | Female | Senior | 15:47:00 |
| 48 | Andrew | Williams | Mid Shropshire Wheelers | Male | Veteran | 15:48:00 |
| 49 | Ben | Southgate | Wrekingsport CC | Male | Juvenile | 15:49:00 |
| 50 | Kevin | Larmer | Port Sunlight Wheelers | Male | Veteran | 15:50:00 |
| 51 | Bryn | Davies | Hafren CC | Male | Veteran | 15:51:00 |
| 52 | Ashley | Steventon | Royal Air Force Cycling Association | Male | Senior | 15:52:00 |
| 53 | Ian | Corrin | Port Sunlight Wheelers | Male | Veteran | 15:53:00 |
| 54 | Helen | Tudor | Oswestry Paragon CC | Female | Veteran | 15:54:00 |
| 55 | Harry | Boscawen | Serpentine Running Club | Male | Senior | 15:55:00 |
| 56 | Graeme | Donnell | Nova Raiders CC | Male | Veteran | 15:56:00 |
| 57 | Mark | Boyle | Wigan Whs CC | Male | Veteran | 15:57:00 |
| 58 | Robert Ian | Griffiths | Graham Weigh Racing-Deeside Olympic | Male | Veteran | 15:58:00 |